# Soroptimist International of Los Angeles Annual Report

# 2022-2023



SOROPTIMIST®

**Investing in Dreams** 

#### **Mission**

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve personal and economic empowerment.

SI of Los Angeles members create, conduct, develop, and/or support programs that promote the health, safety, and personal and professional growth of women and girls.













#### **SIA Federation Representation**

by SI Los Angeles Members
President-Elect 2023-2024
Soroptimist International of the Americas:
Ginger Cole
Governor, Camino Real Region:
Lola Abrahamian

# Soroptimist International of Los Angeles Leadership

President: Amy Poulos Vice President: Vanessa Collins Secretary: Jeri Durham

Treasurer: Rena Shahandeh Treasurer-elect: Dianne Flores I am proud to report that during the 2022-2023 Club Year, Soroptimist International of Los Angeles has provided the following services to our local community:

- SI of Los Angeles held two successful Dream It Be It Career Support for Girls programs in partnership with the Boys and Girls Club of Venice and Sacred Heart High School – bringing our program to more than 300 students
- SI of Los Angeles awarded one Fellowship Award and three Live Your Dream Awards
- SI of Los Angeles has provided temporary housing for 160 men, women, and children via a local non-profit agency
- SI of Los Angeles donated craft items to two local nonprofit agencies for their youth programs
- SI of Los Angeles cooked for unhoused and formerly unhoused women at Downtown Women's Center

This past year has been a wonderful one. Our virtual meetings have allowed our geographically-diverse membership to gather together. We are building bonds through our friendship-linked sister clubs throughout the world. We have grown in commitment to our mission of improving the lives of women and girls through access to education.

I can't wait to see what the next year will bring!

Amy Poulos President, SI of Los Angeles









SI of Los Angeles is proud to participate in Dream It, Be It Career Support for Girls. Since 2015, Dream It, Be It has given more than 84,000 girls worldwide the tools they need to achieve their education and career goals. 88% of former participants report feeling more confident about their future success. 87% report feeling more prepared to pursue their career goals, 89% feel they created achievable goals for their future, and 87% report having new tools to overcome obstacles to their success.

This year SI of Los Angeles collaborated with the Boys and Girls Club of Venice and Sacred Heart High School, bringing our Dream It Be It program to over 300 girls! We presented the Dream It Be it program curriculum and introduced a "Human Library" of diverse female professionals who shared their experiences and career stories to the participants. We look forward to working with both groups again in the new club year.









The Live Your Dream Award is granted to local women who provide the primary financial support for their families. The award supports their efforts to improve their education, skills, and employment prospects.

### Meet our 2022-2023 Awardees



Tameea Delgado is majoring in Administration of Justice at Antelope Valley College. Once she graduates with her AA, she is looking to attend a Cal State in 2024. Her final goal is to become a lawyer. Tameea is 44 years old with three children who all look up to her. She was in an abusive household as a child and also in an abusive marriage for twenty years. She is free of that now and is doing her best to move forward on a positive note. Her children give her strength to move forward and not give up. The Live your Dream Award will help Tameea reach her educational, career, and family goals.



Leticia Aguilar wants to be able to support her family, acquiring a career which will enable her to be independent, and gain certification in web development. She knows that family is a great gift with great responsibility. She knows what it is like to rely on many different unreliable sources of income. She also knows what it is like to be in an abusive relationship struggling with feelings of failure. She has set herself on the road to gaining her dreams by attending Los Angeles City College in Computer Coding. She sees the Live Your Dream Award as an opportunity, as a single mother with three young children, in getting a step closer to her career, providing financial stability for her family, and to help others like her.



Crystal Colin is a freshman at Los Angele City College. After taking Psychology Intro 01, she discovered an unknown passion. Instead of pursuing Business Administration, she is now on the track to work for a career as a youth counselor in a juvenile detention center. LACC will provide her with all of the prerequisites so that she can then transfer to Cal State Long Beach to finish her education. She also knows that it is advantageous to have a background in Criminal Justice, so she is considering getting a minor in it. As a troubled adolescent, she wants to be able to help the young. Crystal is a full-time student and a young mother of a three-year-old. She sees herself becoming a contributing member of society because of receiving the Live Your Dream Award.

## The Joan Johnson Graduate Fellowship Award



SI of Los Angeles is proud to have offered our Fellowship Award to deserving graduate students since 1948.

Qualifications include being in a graduate degree program at an accredited institution of higher education in Los Angeles County, and have a cumulative GPA of 3.0 or higher. The field of study is open, but consideration is given to candidates who have high financial need and work for the betterment of the community through volunteer efforts, with particular attention to the betterment of women and girls.

Nuha is in the fourth year of her Doctor of Medicine (MD) degree at The David Geffen School of Medicine at UCLA. Prior to medical school, she completed her B.A in Public Health and French from UC Berkeley in 2019 and completed a public policy fellowship at the City and County of San Francisco. Her drive to improve access to healthcare regardless of race, religion, gender, income, or immigration status is what propelled her towards a career in medicine. She is passionate about reproductive justice and increasing access to healthcare for women.

Nuha is involved in research in the departments of Obstetrics and Gynecology and Urology at UCLA focused on cost disparities, pain control, and contraception expansion for women. She is also part of the leadership team for UCLA's student run homeless clinic to ensure that our most vulnerable community members have access to resources and healthcare. Outside of medical school, she is involved in shaping local policy through her role as an elected council member for the North Westwood Neighborhood Council which advises the Los Angeles City Council.

After completing her degree, she plans to pursue a residency in Obstetrics and Gynecology. As a physician, in addition to clinical care, and community service, she plans to work extensively on health care policy to help design and implement legislation that protects and sustains our communities' most vulnerable populations.



Meet our 2022-2023 Award Recipient, **Nuha Khalfay** 

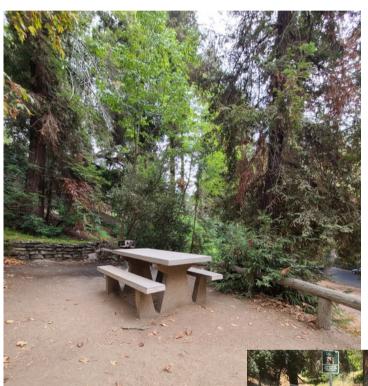
# Providing Shelter

For 30 years, SI of Los Angeles' major community service project has been providing two multi-residence houses for charitable use. In the 2021-2022 fiscal year, 160 men, women, and children found refuge in these homes.



## SOROPTIMIST GROVE IN GRIFFITH PARK

Since 1932, Soroptimist International of Los Angeles has been proud to lay claim to a little corner of Griffith Park, the Soroptimist Grove. This beautiful spot in the Ferndell area of Griffith Park boasts picnic tables and BBQs, and is located close to the Trails café and a children's playground.







## Community Outreach

Throughout the 2022-2023 club year. Soroptimist International of Los Angeles has joined with other non-profits in the greater Los Angeles area to provide educational and self-care resources.

SI of Los Angeles provided a local domestic violence program with funds and craft supplies for a multicultural holiday experience for children in their program.

We donated gift cards to mothers in this domestic violence program for a personal shopping excursion.

SI of Los Angeles donated eight giant bags of yarn to a local non-profit early childhood education center.





## Downtown Women's Center

Downtown Women's Center (DWC) holds a special place in our hearts. DWC's mission is to end homelessness for women in greater Los Angeles through housing, wellness, employment, and advocacy.

Over the year SI of Los Angeles has donated more than \$25,000 to aid DWC's facility expansion and meal programs.

This year, SI of Los Angeles continued to support the Downtown Women's Center by donating and cooking breakfast for over 100 women.



# Meet our newest member

**Dianne Flores** heard about Soroptimist from her brother. He has a friend who was a member of Soroptimist in Orange County. When he heard about our mission to empower women and girls through access to education, he knew his sister would be interested. Dianne is the Finance Manager of Sacred Heart High School in Lincoln Heights, a college-prep private girls' school dedicated to "Empowering Tomorrow's Women." All it took was for Dianne to sit in on one of SILA's Zoom meetings and she was hooked!

Dianne is a native of Los Angeles. Raised in East LA, she attended Garfield High and then worked in administrative positions at USC. Inspired to get her degree, she got a BA and an MBA from the University of Phoenix and a master's in healthcare administration from USC. Her plans for a career in Healthcare Administration changed when she got laid off and started volunteering at Sacred Heart HS. When she was offered a job there in finance, she jumped at it and has been there ten satisfying years.

Ask her to tell you some of heart-warming stories about how her school is making a difference to girls with lowincome often illegal immigrant parents who become the first in their families to go to college.

Having three brothers and two sisters, she also has seven nieces (no nephews!) under 25. She loves reading, traveling, walking (she walked a ½ marathon from Hollywood to Santa Monica the week before the pandemic started), and especially opera.

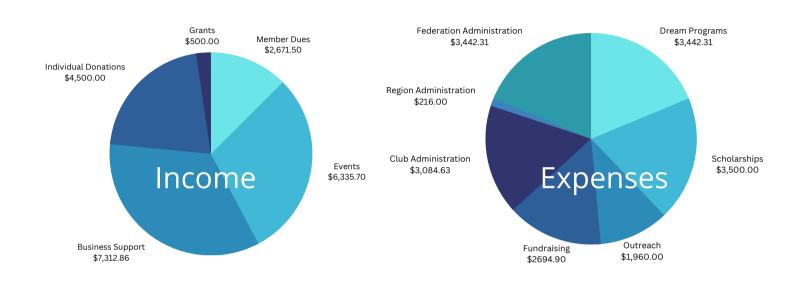


Dianne Flores

## Financial Report

Thanks to community support, SI of Los Angeles has been able to grow to meet increasing need over the past three years, and we are looking forward to new ways to accomplish our mission of improving the lives of women and girls through access to education.

#### 2022-2023 Income and Expenses



#### Income and Expenses - 3 years

#### **Assets**



## Donors

Our generous supporters make an impact every day in the lives of women and girls. We can't continue this life-changing work without you.



#### Individuals

Lola Abrahamian

Bev Johnson

Joyce Burke-Estel

Lessie Caballero

Ginger Cole

Vanessa Collins

**Emily Dell** 

Marian Dodge

Jeri Durham

Janet Elliott

Sheri Ellis

Dianne Flores

Rebecca Frank

Joyce Jacob

Cynthia Jarvis

Charlotte Lerchenmuller

Ana Marie Lenoue

Michelle Long-Coffee

**Julie Mairs** 

William and Lorraine Mairs

Maurice and Yvette McCall

Yolanda McCoy leanine Mooers

Carmen Noyola

Lucero Noyola

Carole Oglesby

Priscilla A. Picard

**Amy Poulos** 

Ann Read

Elizabeth Robinson

Carol Roddy

Donna Russell

**Gail Rolf** 

Glynis Robert

Rena Shahandeh

**Becky Stein** 

Phil Stein

Pamela Smith

Sheila Tatum

Ron & Shirley Troupe

Jessica Washington

Cindy Wu

#### **Businesses**

Patients Unlimited Marketing Consultants PCI

## In-Kind Support

Boys and Girls Club of Venice Patients Unlimited Marketing Consultants Sacred Heart High School TransWest Investigations Inc.

# Join Us! Follow Us!



# JOIN US FOR SOCIAL EVENTS! FOLLOW US ON SOCIAL MEDIA SIGN UP FOR OUR EMAIL NEWSLETTER



www,soroptimistlosangeles.org



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## **Investing in Dreams**

SI Los Angeles | Chartered July 19, 1922

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Soroptimist International of Los Angeles is a 501(c)(3) charitable organization.